

العالم المعالم المعالم

Ramadan Planner





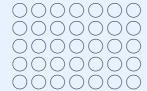
Ramadan CONTENTS



This Ramadan planner consists:

Ramadan Duas





Ramadan Tracker

Ramadan Habit Ideas





Ramadan Quitting Bad Habits

Ramadan 30 Day Tracker





Ramadan 30 Day Deeds Challenge



Ramadan AGENDA



Prayer Tracker - Taraweeh

Narrated Abu Huraira:

I heard Allah's Messenger (ﷺ) saying regarding Ramadan, "Whoever prayed at night in it (the month of Ramadan) out of sincere Faith and hoping for a reward from Allah, then all his previous sins will be forgiven."

Sahih al-Bukhari 2008

Quran Tracker

Schedule various acts of worship around prayer times, for example: recite 4 pages of the Quran, before and after each fardh prayer = 1 Juz a day



Ramadan DUAS



Dua when breaking fast

ذَهَبَ الظَّمَأُ وَابْتَلَّتِ الْعُرُوقُ وَثَبَتَ الْأَجْرُ إِنْ شَاءَ اللَّهُ

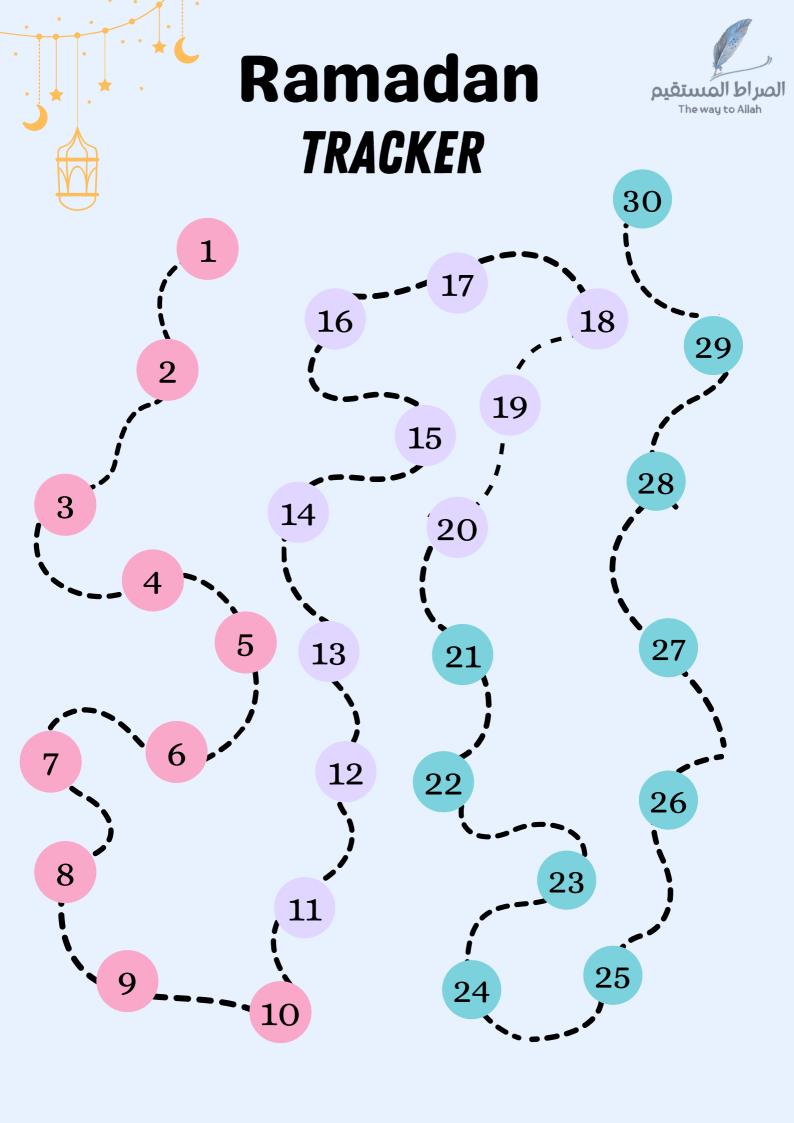
Thirst is gone, the veins are moistened and the reward is certain if Allah wills

Abu Dawud 2357

Break your fast with dates or water

When any one of you breaks his fast, let him break it with dates. If he cannot find dates, then let him break it with water, for it is a means of purification.

Sunan Ibn Majah 1699





Ramadan HABIT IDEAS



(Mental) Health	Salah	Knowledge
Journaling	Taraweeh	Reading
Exercise	Tahajjud	Podcasts
Healthy Suhoor/Iftar	Istikhara	99 Names of Allah
Drinking enough water	Staying longer in Sujud	Prophet Stories

Qur'an	Ummah	Quiting the Bad
Listening	Giving Sadqah	No Gossiping
Reciting	Volunteering	No Arguing
Memorizing	Dawah	No TU/Netflix
Learning Arabic	Creating Islamic content online	No Social Media



Ramadan QUITING BAD HABITS



Bad Habit	Bad Effects	Triggers	Replacement
Priority I —	It has on my life → –	That leads to these habits	Of bad deed with the good



Ramadan 30 DAY DEEDS



Pick one good deed to do each day of Ramadan. There are 30 deeds to choose from. Feel free to cross each one off when complete.







Ramadan 30 DAY DEEDS



Make 1000x alhamdulillah Learn a new Dua from the Quran

Donate Clothes Pray Taraweeh Give Sadaqah

Make 1000x istighfar

Pray Tahajjud No social media all day Volunteer somewhere (in person or online)

Spend more time in Prayer

Read one
Juz of
Quran

Cook Iftar for someone Learn 10 names of Allah

Compliment each person you speak with Make Duaa for the Muslim Ummah

Pick up Trash Pray all
Prayers at the
beginning of
their time

Read Two
Juz of the
Quran

Share a
Dua with
someone

Watch an
Islamic
Lecture

Pray
Sunnah
Prayers

Refrain from arguing Smile at everyone you meet today

Invite someone for Iftar

Make Duaa for someone

Memorize a new Surah

Read a story about a Prophet Don't overeat at Iftar

Make 1000x subhanallah Stay up after Fajr and read Quran





DUA OF THE DAY

رَبِّ اغْفِرْ لِي وَتُبْ عَلَىَّ إِنَّكَ أَنْتَ التَّوَّابُ الرَّحِيمُ

O Allah forgive me and accept my repentance, for You are the Accepter of repentance, the Most Merciful.

[Sunan Ibn Majah]

SALAH TRACKER



DAILY CHECKLIST

- Wake up for Suhoor
- Recite Morning Adkhar
- Recite Evening Adkhar
- Read Quran
- One act of kindness
- Smiled at someone
- Learned something new
- Istighfar 70 times or more

QUOTE OF THE DAY

Ramadan does not come to change our schedules. It comes to change our heart.

QURAN TRACKER







Surah





DUA OF THE DAY

رَبَّنَا ٱغْفِرْ لِى وَلِوَٰلِدَىَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ ٱلْحِسَابُ

Our Lord! Forgive me, my parents, and the believers on the Day when the judgment will come to pass.

[Ibrahim, 14:41]

SALAH TRACKER



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QUOTE OF THE DAY

Make Dua
It's Ramadan the month
of forgiveness
Take advantage of it.









Surah





DUA OF THE DAY

رَبَّنَآ ءَاتِنَا فِي ٱلدُّنْيَا حَسَنَةً وَفِي ٱلّۡاخِرَةِ حَسَنَةً وَقِنَا عَذَابَ ٱلنَّارِ

Our Lord! Grant us the good of this world and the Hereafter, and protect us from the torment of the Fire.

[Al Baqara, 2:201]

SALAH TRACKER



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QUOTE OF THE DAY

Ramadan is about breaking bad habits, not putting them on pause.

QURAN TRACKER







Surah





DUA OF THE DAY

SALAH TRACKER



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- Read Quran
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- Smiled at someone
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- Istighfar 70 times or more

QUOTE OF THE DAY

Ibn Al Qayyim said:
"Wasting time is worse than
death because wasting time cuts
a person off from Allah and the
life of the hereafter..."

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم أعني على ذكرك، وشكرك، وحسن عبادتك

O Allah, help me remember You, to be grateful to You, and to worship You in an excellent manner.

[Abu Dawud]

SALAH TRACKER



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- Istighfar 70 times or more

QUOTE OF THE DAY

Abu Musa Al Ashari رضي الله عنه said:

Do not expect a worldly pleasure without expecting the grief and fitnah that will come with it.

QURAN TRACKER







Surah





DUA OF THE DAY

رَّبً أَدْخِلْنِی مُدْخَلَ صِدْقٍ وَأَخْرِجْنِی مُخْرَجَ صِدْقٍ وَٱجْعَل لِّی مِن لَّدُنكَ سُلْطَنَا نَّصِیرًا

"My Lord! Grant me an honourable entrance and an honourable exit and give me a supporting authority from Yourself."

[Al Isra, 17:80]

SALAH TRACKER



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- Wake up for Suhoor
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- Read Quran
- One act of kindness
- Smiled at someone
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- Istighfar 70 times or more

QUOTE OF THE DAY

Ibn Qudamah رحمه الله said:

"Whoever realizes that the Dunya is
like ice that melts away, and that the
Akhirah is like a pearl that lasts on, his
interest in selling the former for the
latter will become stronger."

QURAN TRACKER







Surah





DUA OF THE DAY

يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ

O Changer of the Hearts! Strengthen my heart upon Your Religion.

[Tirmidhi]

SALAH TRACKER



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QUOTE OF THE DAY

O Allah....

Make this month of Ramadan a turning point in our lives where we turn towards you for this month and forever.

QURAN TRACKER







Surah





DUA OF THE DAY

ُفَاطِرَ ٱلسَّمَٰوَٰتِ وَٱلْأَرْضِ أَنتَ وَلِئِّ فِي ٱلدُّنْيَا وَٱلْاخِرَةِ ۗ تَوَفَّنِي مُسْلِمًا وَأَلْحِقْنِي بِٱلصَّلِحِينَ

Creator of the heavens and earth, You are my protector in this world and the Hereafter. Cause me to die a Muslim and join me with the righteous. [Yusuf, 12:101]

SALAH TRACKER



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QUOTE OF THE DAY

Some of the wise people used to say, 'I wish those who did not acquire knowledge knew what they are missing for the ones who acquired knowledge have gained everything.'

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم إني أسألك الهدى، والتقى، والعفاف، والغنى

O Allah! I beseech You for guidance, piety, chastity and contentment.

[Muslim]

SALAH TRACKER



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QUOTE OF THE DAY

Ibn 'Awn said: Reflection drives off heedlessness and brings about reverential fear to one's heart in the same way that water brings about growth to a plant.

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم اغفر لي، وارحمني، واهدني، وعافني، وارزقني

O Allah! Forgive me, have mercy on me, guide me, guard me against harm and provide me with sustenance and salvation. [Muslim]

SALAH TRACKER



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QUOTE OF THE DAY

Ramadan is like rain, it nourishes the seeds of good deeds.

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم مصرف القلوب صرف قلوبنا على طاعتك

O Allah! Controller of the hearts, direct our hearts to Your obedience.

[Muslim]

SALAH TRACKER



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QUOTE OF THE DAY

Shaykh al-Albāni, said:
"The journey to Allah is lengthy, and
we progress along it at a turtle's
pace. Our aim isn't merely reaching
the path's end, but rather to die
while we are on the [straight] path."

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم إني أسألك موجبات رحمتك، وعزائم مغفرتك، والسلامة من كل إثم، والغنيمة من كل بر، والفوز بالجنة، والنجاة من النار

O Allah! I beg You for that which incites Your Mercy and the means of Your forgiveness, safety from every sin, the benefit from every good deed, success in attaining Jannah and deliverance from Fire. [Al-Hakim] SALAH TRACKER



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QUOTE OF THE DAY

Shaykh Muhammad Bin Salih Al-Uthaymeen [رحمه الله] said: "If you find yourself in confusion then adhere to seeking forgiveness. Indeed by seeking forgiveness, Allaah opens up the way for the slave."

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم ألهمني رشدي، وأعذني من شر نفسي

O Allah! Inspire in me guidance and deliver me from the evils within myself.

[Tirmidhi]

SALAH TRACKER



DAILY CHECKLIST

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QUOTE OF THE DAY

When we repair our relationship with Allah, He repairs everything else for us.

QURAN TRACKER







Surah





DUA OF THE DAY

يا ذا الجلال والإكرام

Recite frequently: O You, Possessor of glory and honour.

[Tirmidhi]

SALAH TRACKER



DAILY CHECKLIST

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QUOTE OF THE DAY

Yahya bin Mu'ādh رحمه الله said:

"The hearts are like cooking
pots. They boil with that which
they contain and their tongues
are their ladles. Therefore, look
at a man when he speaks...

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم اكفني بحلالك عن حرامك، وأغنني بفضلك عمن سواك

O Allah! Grant me enough of what You make lawful so that I may dispense with what You make unlawful, and enable me by Your Grace to dispense with all but You.

[Tirmidhi]

SALAH TRACKER



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- Wake up for Suhoor
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QUOTE OF THE DAY

Ibn al-Qayyim رحمه الله said: "How many times do you seek a good reward but it is rejected because of procrastination?"

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم إني أعوذ بك من الجوع، فإنه بئس الضجيع، وأعوذ بك من الخيانة، فإنها

بئست البطانة

O Allah! I seek refuge in You from hunger; surely, it is the worst companion. And I seek refuge in You from treachery; surely, it is a bad inner trait. [Abu Dawud]

SALAH TRACKER



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QUOTE OF THE DAY

Who is it that builds a house on the waves of the sea?

That is like the dunya, so do not take it as a permanent residence.

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم إني أعوذ بك من البرص والجنون، والجذام، وسيئ الأسقام

O Allah! I seek refuge in You from leucoderma, insanity, leprosy and evil diseases. [Abu Dawud]

SALAH TRACKER



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- Read Quran
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- Smiled at someone
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QUOTE OF THE DAY

Allah never expects us to be perfect during
Ramadan, but He expects us to keep on trying.

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم إني أعوذ بك من شر سمعي، ومن شر بصري، ومن شر لساني، ومن شر قلبي، ومن

شر منی

O Allah! I seek refuge in You from the evils of my hearing, the evils of my seeing, the evils of my tongue; the evils of my heart and the evils of passions. [Abu Dawud & Tirmidhi]

SALAH TRACKER



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- Smiled at someone
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QUOTE OF THE DAY

Imām Ibn al-Jawzi رحمه الله said:
"I think part of the test is when a
believer supplicates and receives no
response, and he repeats the Du'a'
for a long time and sees no sign of a
response.....

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم إني أعوذ بك من منكرات الأخلاق، والأعمال، والأهواء

O Allah! I seek refuge in You from undesirable manners, deeds, and aspirations. [Tirmidhi]

SALAH TRACKER



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- Wake up for Suhoor
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- Read Quran
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- Istighfar 70 times or more

QUOTE OF THE DAY

Ibn Taymiyyah رحمه الله said:
"The sincere hearts of Muslims
and their righteous supplications
are an invincible army with
steadfast troops who never
falter."

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم إني أعوذ بك من زوال نعمتك، وتحول عافيتك، وفجاءة نقمتك، وجميع سخطك

O Allah! I seek refuge in You against the declining of Your Favours, passing of safety, the suddenness of Your punishment and all that which displeases You. [Muslim]

SALAH TRACKER



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- Wake up for Suhoor
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- Smiled at someone
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- Istighfar 70 times or more

QUOTE OF THE DAY

Make this Ramadan the turning point in your life. Break free from the deceptions of this world and indulge in the sweetness of Iman.

QURAN TRACKER







Surah



Ramadan Laylatul Qadr



Layatul Qadar = The Night of Power

Aishah (May Allah be pleased with her) reported:

I asked: "O Messenger of Allah! If I realize Lailat-ul-Qadr (Night of Decree), what should I supplicate in it?" He (ﷺ) replied, "You should supplicate:



اللهم إنك عفو تحب العفو فاعفُ عني

O Allah, You are Most Forgiving, and You love forgiveness; so forgive me.

[Tirmidhi]

Things one can do on Laylatul Qadr

- Give Charity
- Engage in Dhikr
- Read Quran











DUA OF THE DAY

اللهم إني أعوذ بك من شر ما عملت ومن شر ما لم أعمل

O Allah! I seek refuge in You from the evil of that which I have done and the evil of that which I have not done. [Muslim]

SALAH TRACKER



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- Read Quran
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QUOTE OF THE DAY

Do not just live Ramadan with empty stomach live it fully with patience, forgiveness, kindness and love around you.

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم اهدني، وسددني

O Allah! Direct me to the Right Path and make me adhere to the Straight Path. [Muslim]

SALAH TRACKER



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QUOTE OF THE DAY

There are no sad endings for those who trust Allah.

QURAN TRACKER







Surah





DUA OF THE DAY

اللهم إني أسألك الهدى، والسداد

I beg You for guidance and uprightness. [Muslim]

SALAH TRACKER



DAILY CHECKLIST

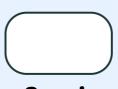
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QUOTE OF THE DAY

Taqwa is the ultimate goal of our Ramadan preparations, to be among the righteous for now and forever.

QURAN TRACKER







Surah





DUA OF THE DAY

رَبَّنَآ ءَامَنَّا فَٱكْتُبْنَا مَعَ ٱلشَّلٰهِدِينَ

Our Lord! We believe, so count us among the witnesses.

[Al Mai'dah, 5:83]

SALAH TRACKER



DAILY CHECKLIST

- Wake up for Suhoor
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QUOTE OF THE DAY

Focus more on Fasting and less on Feasting.

QURAN TRACKER







Surah





DUA OF THE DAY

رَبَّنَا ظَلَمْنَآ أَنفُسَنَا وَإِن لَّمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ ٱلْخَسِرينَ

Our Lord! We have wronged ourselves. If You do not forgive us and have mercy on us, we will certainly be losers. [Al A'raf, 7:23] SALAH TRACKER



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QUOTE OF THE DAY

Live your life like everyday is Ramadan and the Akhirah will become your Eid.

QURAN TRACKER







Surah





DUA OF THE DAY

رَبَّنَا لَا تَجْعَلْنَا مَعَ ٱلْقَوْمِ ٱلظَّلِمِينَ

Our Lord! Do not join us with the wrongdoing people.

[Al A'raf, 7:47]

SALAH TRACKER



DAILY CHECKLIST

- Wake up for Suhoor
- Recite Morning Adkhar
- Recite Evening Adkhar
- Read Quran
- One act of kindness
- Smiled at someone
- Learned something new
- Istighfar 70 times or more

QUOTE OF THE DAY

Speak less.

RECITE more.

Sleep less.

QIYAM more.

QURAN TRACKER







Surah





DUA OF THE DAY

رَبَّنَآ ءَاتِنَا مِن لَّدُنكَ رَحْمَةً وَهَيِّئْ لَنَا مِنْ أَمْرِنَا رَشَدًا

Our Lord! Grant us mercy from Yourself and guide us rightly through our ordeal. [Al Kahf, 18:10] SALAH TRACKER



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QUOTE OF THE DAY

Ramadan
Every second is
precious use it wisely.

QURAN TRACKER







Surah





DUA OF THE DAY

رَبَّنَا هَبْ لَنَا مِنْ أَزْوَٰجِنَا وَذُرِّيُّتِنَا قُرَّةَ أَعْيُنٍ وَٱجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا

Our Lord! Bless us with 'pious' spouses and offspring who will be the joy of our hearts, and make us models for the righteous. [Al Furqan, 25:74] SALAH TRACKER



DAILY CHECKLIST

- Wake up for Suhoor
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QUOTE OF THE DAY

When Allah shuts a door, He will open a better one for you.

QURAN TRACKER







Surah





DUA OF THE DAY

رَّبِّ ٱرْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا

My Lord! Be merciful to them as they raised me when I was young.

[Al Isra, 17:24]

SALAH TRACKER



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QUOTE OF THE DAY

When people let you down Allah will pick you up.

QURAN TRACKER







Surah





DUA OF THE DAY

When the companions of the Messenger of Allah (ﷺ) met one another on the day of Eid, they would say

تَقَبَّلَ اللهُ مِنَّا وَمِنكُم

May Allah accept (this worship) from us and from you.

SALAH TRACKER



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- Recite Morning Adkhar
- Recite Evening Adkhar
- Read Quran
- One act of kindness
- Smiled at someone
- Learned something new
- Istighfar 70 times or more

QUOTE OF THE DAY

Ramadan is leaving soon, but our deeds must not go too.

QURAN TRACKER







Surah



Ramadan



"May Allah accept our efforts, and grant us forgiveness and guidance. May He forgive us for any errors that we may have done, give us the ability to continue our good action and to draw closer to Him. Ameen"

